

Name: \_\_\_\_\_

Date: \_\_\_\_\_

### Areas of Pain

With crayon / marker, outline the areas of your pain.

Please don't leave things out for fear of being thought "crazy." Seemingly unrelated patterns (such as leg pain or finger pain) can be extremely significant in *headache*. Shoulder pain can come from internal organs.

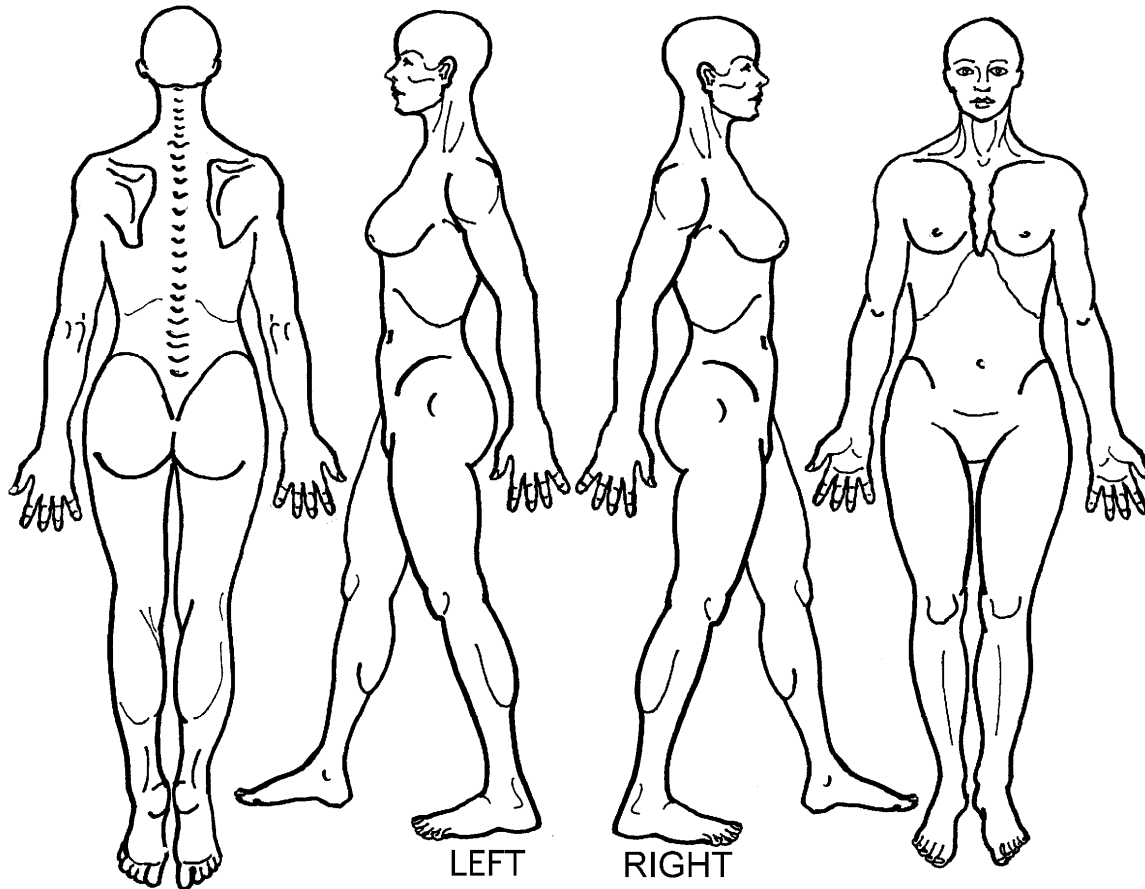
Put one finger on the spot that hurts. Transfer to the drawing.

### Numbness / Tingling

Mark area with small X's. Be as specific as possible. For example, if a finger tingles, which finger? Which side?

### Severity

On a scale of 1-10 (where 10 is the worst possible) rank the level of your pain in the marked areas.



Comments: